



1. Place the One-Step™ Trendelenburg Arm Protector beneath the patient's arm, centering the arm protector laterally with straps facing down and inward toward the patient's torso.

The pad should extend above the elbow and just below the fingertips. The hand should be positioned in a natural anatomical position with the palms facing inward so as not to impinge upon the ulnar nerve.

The One-Step™ will protect the arm, ulnar nerve and fingers when adjusting the stirrups, while permitting easy access to the fingers and IV site. It will also safeguard against tissue breakdown.

2. Wrap the outer portion of the protector over the arm.
3. Next, wrap the remaining portion of the arm protector over the arm and secure the straps to the corresponding Velcro™ patches as shown. Ensure that the One-Step™ Trendelenburg Arm Protector is firmly wrapped around the patient's arm.

At this stage, check for proper alignment of the wrist and fingers. Also, inspect pulse oximeters, IV lines, etc. to ensure proper placement. Accessing these patient monitors is simple and repeatable.

4. Repeat steps 1-3 for the remaining arm.

Once the One-Step™ protectors are in place, wrap the lift sheet per hospital protocol, tucking it between the patient and The Pink Pad®.

Tucking methods vary according to hospital protocol. The lift sheet can be tucked either beneath the patient or beneath the O.R. table mattress. Lift sheets should not be tucked between The Pink Pad® and the O.R. table mattress.

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